

**Sunday 22nd September 2019****Junior 1 mile Race 10:30am – Senior 5 mile Race 11:00am**

Venue and Parking	Crawley Town Football Club, The People's Pension Stadium, Winfield Way, Crawley, West Sussex, RH11 9RX (Ten minutes walk to start) Other parking is available in Tilgate Park and surrounding roads Please do NOT park at the K2 Leisure Centre
Course	This approximate five mile course starts and finishes just south of Tilgate Drive between the K2 Leisure Centre and Tilgate Park and is run on tracks and paths through the stunning woods of Tilgate. Due to the nature of the course this event is not suitable for under 16's and no dogs are allowed. Regrettably the terrain of the course also makes it unsuitable for wheelchair entries.
Facilities	Free parking, toilets, first aid and water station. Bags left at owners' risk.
Prizes	Medals for junior runners, spot prizes will be awarded in senior run Memento for all runners over 80 years of age
Entry Fees	In advance; WSFRL Members £3, Non-members £5, Juniors £1 On-the-day; WSFRL Members £5, Non-members £6, Juniors £1
Entries	Send complete form entry to 21 Gorse Drive, Smallfield Surrey RH6 9GJ Please make cheques payable to 'Crawley Saints and Sinners' Pre-entry numbers will be available for collection on the morning of the race, numbers will not be send out via post.

The Race organisers will publish my Personal Information as part of the results of this event and may pass such information to the administrators of the West Sussex Fun Run League, to athletics governing bodies or to any affiliated organisation for the purpose of insurance, licensing, or for publishing results (either for the event alone or combined with or compared to other events). Results may include (but not be limited to) name, gender, any club affiliation and race times, and these details will be passed on to other clubs in the West Sussex Fun Run League and be published on websites (including, without limitation, West Sussex Fun Run League and Sussex Races).

Entry Form for the Tilgate 5(ish) - part of the West Sussex Fun Run League

Please complete one form per participant. Please print name and club name to make sure it's legible.

Please Select 1 Mile Junior Fun Run / 5 Mile Senior Run

First Name _____ Last Name _____

Club Name _____

Category Male / Female

Address _____

Please indicate if you are over 80 years of age (Memento awarded to all Octogenarian finishers) _____

I agree that the organisers of this event shall not be liable for any accident, injury , loss or damage arising from my participation in this event.

Signature _____ (Parent / Guardian for Under 16's)